TOPICS

* Lost Love
* Loss of friend, relative, or pet
* Historical event (e.g. Holocaust, WWII)
* Disease/health crisis
* Sporting event
* Competition
* Vacation
* Memorable Experience
* Dream
* Important Relationship
* War

THEMES

* Integrity
* Gratitude
* Self-control
* Sacrifice
* Patience
* Friendship
* Loyalty
* Survival
* Positive Attitude
* Determination
* Nobody’s perfect
* Don’t judge a book by its cover
* The Golden Rule
* Always be prepared
* Perseverance
* Tell the truth